



COVID-19 SUPPORT



COLORADO
Spirit



ABOUT THIS PROGRAM

Colorado Spirit Crisis Counseling Program (CCP) staff are not traditional mental health providers. CCP counselors do not diagnose people or treat mental illness. Instead, CCP counselors are a combination of mental health paraprofessionals and professionals who support community members in functioning and coping with disaster disruptions through crisis counseling services. Find out more: summitstonehealth.org/colospirit.

For general COVID-19 information and state data, please visit covid19.colorado.gov.

Colorado Spirit is funded through the Federal Emergency Management Agency (FEMA) with oversight by the Colorado Department of Public Health and Environment (CDPHE) and through close collaboration between SummitStone Health Partners and the Health District of Northern Larimer County.

**YOU ARE NOT ALONE.
WE ARE HERE FOR YOU.
CALL (970) 221-5551**

Call the Connections free support line anytime you need help, emotional support or resources for COVID-19.



CALL US ANYTIME, TOGETHER WE CAN RECOVER.

The Colorado Spirit support line, in collaboration with the Health District of Northern Larimer County, provides free, anonymous and confidential help.

Are you interested in:

- » Talking to someone about COVID-19?
- » Learning how to manage your stress?
- » Understanding the common reactions to disasters?
- » Getting COVID-19 information, education, emotional support or connection to other resources in our community?

WE ALSO OFFER COVID-19 SUPPORT FOR BUSINESSES & ORGANIZATIONS.

We can give brief, customized presentations on:

- » Recognizing common reactions to disasters
- » Building coping skills for the recovery process
- » Managing disaster-related stress
- » Identifying and meeting children's needs

We will virtually come to you!

- » Home or work
- » School or clubs
- » Meetings or events
- » Places of worship



CALL CONNECTIONS

24/7 free support line **(970) 221-5551**

SCHEDULE A PRESENTATION

Call (970) 494-9941 or e-mail
colospirit@summitstonehealth.org

COLORADO SPIRIT WEBSITE

summitstonehealth.org/colospirit

¿HABLA ESPAÑOL?

No Estas solo. Estamos aquí para ti.

Llame 970-221-5551. La línea de soporte de Conexiones (Connections) es gratis, llámenos en cualquier momento que necesite ayuda, apoyo emocional o recursos para COVID-19.

